



MELBOURNE RESPIRATORY  
& SLEEP SERVICES

## RESPIRATORY/SLEEP LABORATORY REQUEST

Dr. Nick C. Antoniadis

Dr. Fergal O'Donoghue

226 Burgundy Street,  
Heidelberg VIC 3084

(see map over)

Ph: 03 9459 0555

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[www.melbournerespiratoryandsleep.com.au](http://www.melbournerespiratoryandsleep.com.au)

### IMPORTANT.

*Prior to respiratory tests:*

**No short term bronchodilators for 6 hours prior to test unless essential.** (Ventolin, Bricanyl, Atrovent, Asmol)

**No long term bronchodilators for 12 hours prior to test unless essential.** (LABAs, LAMAs, combination steroid/LABAs)

**See over for list**

Appointment date: \_\_\_\_\_ Appointment time: \_\_\_\_\_ Appointment location: \_\_\_\_\_  
(See Over)

#### **Patient Details:**

Surname: \_\_\_\_\_

Given Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

DOB: \_\_\_\_\_ Telephone: \_\_\_\_\_

#### **Clinical notes / Reason for referral:**

#### **Tests Required:**

##### Sleep Study

- Comprehensive Sleep Study (Requires consultation if not referred by a sleep physician)

##### Respiratory Function Tests

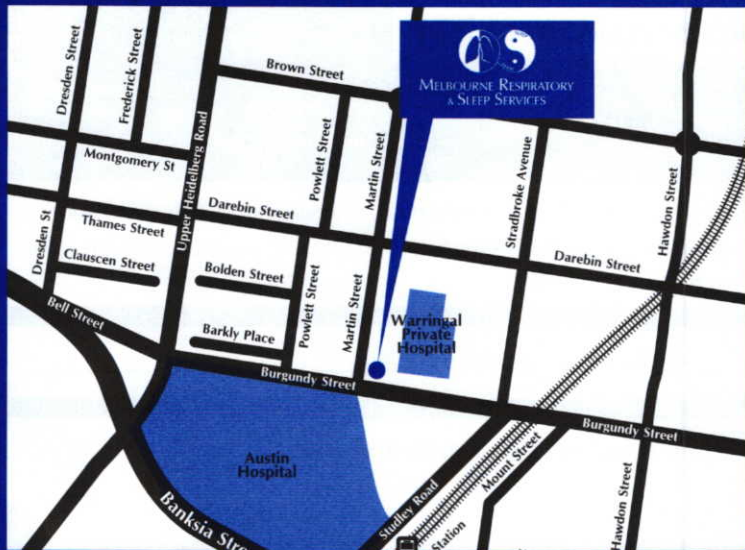
Pensioners and Healthcare Card Holders bulk-billed for Respiratory Function Tests

- Spirometry & Transfer Factor (Delete as appropriate)
- Plethysmographic Lung Volumes
- Bronchial Provocation Tests (Mannitol)
- Maximal Respiratory Pressures
- Consultation with Specialist Physician

#### **Requesting Doctor:**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Copies to: \_\_\_\_\_  
\_\_\_\_\_



**Main Lab** – 226 Burgundy Street, Heidelberg VIC 3084



Suite 2, LaTrobe Private Hospital  
Cnr Plenty Rd and Kingsbury Dr, Bundoora VIC 3083

***Products to be avoided prior to testing***

- Short acting bronchodilator** (Ventolin, Bricanyl, Atrovent, Asmol)
- LAMA** (Spiriva, Genuair, Seebri, Incruze, Anoro)
- LABA** (Serevent, Foradile, Oxis, Onbrez, Anoro)
- Combination steroid/LABA** (Seretide, Symbicort, flutiform, ellipta)
- Antihistamine** (Zyrtec, Telfast, Claratyne etc.)
- Caffeine**
- Theophylline** (Nuelin, Theodur)

***Time to avoid prior to testing***

	<b><i>Routine Testing</i></b>	<b><i>Bronchial Provocation Testing</i></b>
	<b>6 Hours</b>	<b>8 Hours</b>
	<b>12 Hours</b>	<b>24 Hours</b>
	<b>24 Hours</b>	<b>24 Hours</b>
	<b>24 Hours</b>	<b>24 Hours</b>
	<b>N/A</b>	<b>72 Hours</b>
	<b>N/A</b>	<b>Day of Test</b>
	<b>N/A</b>	<b>24 Hours</b>